

MPC Living

Margaret Pratt Community's Monthly Newsletter



December 2024



Season's Greetings from the top of Margaret Mountain!

What a view it is-looking east to the White Mountains through the morning mist and beyond to the snowy White Mountains ridgeline. The view is just as spectacular if you're driving north on I-91 to Exit 16, or west on Waits River Road where our illuminated building, decorated by our Christmas tree lights can be seen from a great distance.

And so, the Christmas celebration is on! Inside Margaret Pratt Community the trees are decorated, and the walls, windows, and door display are wrapped in colorful displays of the season with the theme of a gingerbread house. Kudos to the residents and Resident Services staff who worked on this project for their creativity!

The planning continues and on December 19, we celebrate our staff members with our annual Holiday Party, a wonderful event filled with refreshments, holiday goodies, a raffle, and the giving of gifts.

In the spirit of giving, because you have given so much of yourselves, I want to say, "thank you!" to our entire staff, our resident families, our Board of Directors, local friends of MPC, and most of all, our wonderful residents for the joy that we all share. While we have lost some dear friends this past year...friends we'll always fondly remember, we know that their spirits as neighbors remains with us and with the change of seasons we'll have new neighbors among us to carry on that bond of community we share, both in remembrance and in the hope for a glorious future.

May you all have a joyous and delightful holiday season!

-Michael

Life Enrichment News

December brings a lot of holiday festivities and music to the Plateau! We have three musical groups lined up for the upcoming holiday, but we are always welcoming new folks to the community. Please contact Lindsay if you or your organization would like to sing or play for us.

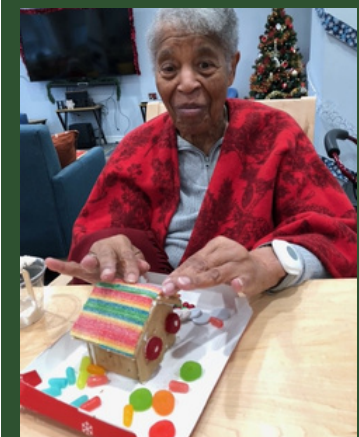


Santa will be coming on the afternoon of the 23rd, come join us for photos with Santa!

If you can't stay up all night, join us on the 31st to 'Ring in the New Year' at noon!



Fun at MPC





A Word from our Health Specialists

Please remember that it is imperative we know about appointments for Residents so that we can prepare their medication lists and communications to their doctor. It's very important that we also receive the paperwork back when they re-enter the building. Not doing so can interfere with resident care and cause a delay in medication management.

We always see an uptick in medications being brought into the community this time of year. If someone asks you to bring them any medicated products including cough medicine, cough drops, or medicated lotions, please speak with one of the MPC Nurses - Dorothy or Suzette - before doing so. We need to have a doctors orders for ALL these items as they can interfere with medical care.

Kitchen Corner

Popcorn Balls

Our residents had so much fun making popcorn balls this year! They're easy to make, soft to eat, and a treat for everyone—anything with marshmallows is always a hit!



Ingredients:

- 1 Tablespoon Vegetable oil
- ½ C popcorn Kernels
- 6 T butter
- 5 C miniature marshmallows

Grease a 9x13 baking dish with butter; set aside.

Heat oil in a large saucepan over medium high heat. Add popcorn kernels to hot oil. Cover the pan and cook until popping stops.

Shaking the pot occasionally and keeping lid on to prevent burning.

Pour popcorn into prepared baking dish.

Melt butter and stir in marshmallows until melted. Pour marshmallow mixture over popcorn and mix evenly.

Allow to cool enough to handle, butter your hands and shape into 8 equal balls. Press together gently but firmly enough so that they hold their shape. Don't compact them too tight, or they will be too hard to eat once set.



*From all of us at Margaret Pratt
Community, we wish you a wonderful
holiday season and a Happy New Year.*

*May 2025 bring
love, health, and
happiness to you
and your loved ones.*

*HAPPY
Holidays*

Bulletin Board

Consider making a donation

At Margaret Pratt Community, we are committed to ensuring our residents can “be at home here.” This includes providing high-quality, affordable care and supporting residents as they age, even when Medicaid becomes necessary. Unlike many communities, we accept Medicaid payments, which don’t cover the full cost of care, so residents can remain in their home.

This mission depends on generous contributions. Every donation made by December 31, 2024, will be matched by an anonymous donor—up to \$15,000. Your gift to our general fund helps sustain our operations and ensures care remains accessible to all.

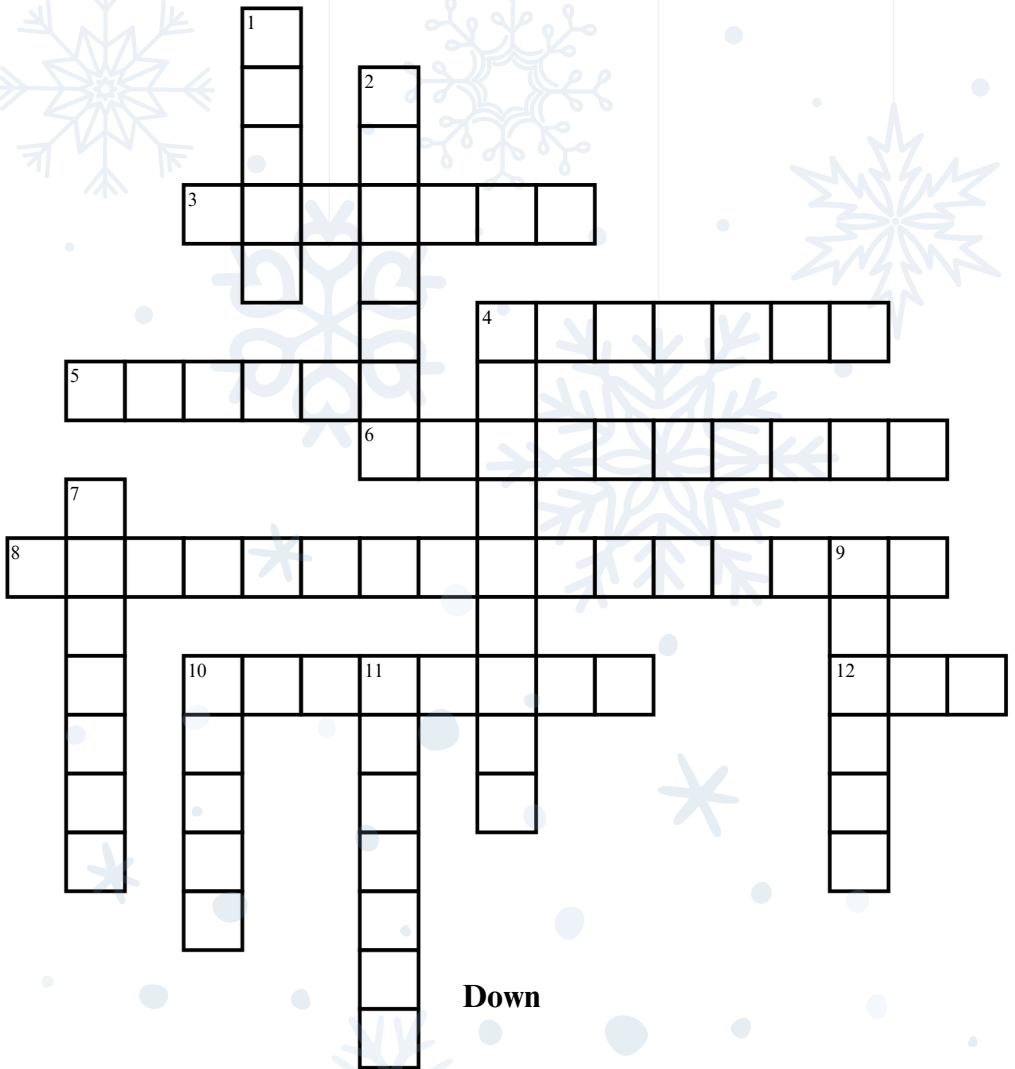
Over the past ten years, we’ve made significant progress. From overseeing the construction of our Community to hiring exceptional staff and navigating challenges like the COVID pandemic, we’ve remained focused on creating a home where residents thrive. However, providing care at an affordable price continues to be an ongoing challenge.

By supporting Margaret Pratt Community, you help us uphold our mission and ensure that residents can “be at home here” for years to come.

Visit margaretpratt.org/donate to see how you can make a difference today.



Crossword Puzzle



Down

1. We bring these inside and decorate
2. Fun to decorate
4. The original New England workout
7. Warmer than gloves but not as handy
9. Downhill on two feet
10. The original neckwarmer
11. 4 symbols decorate this gambling toy

Across

3. The candles are lit at sunset
4. A cold friend you make yourself
5. A warm glow from the window
6. Each one is unique
8. Tricky to build but beautiful to look at
10. Going downhill on your bum
12. The biggest enemy of all

